

# Somerset Lifestyles - September 2009 - Memory Care

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<p><b>Somerby of Alpharetta</b>                  100 Somerby Drive                  Alpharetta, Ga. 30009                  770-650-9577                  www.somerbyofalpharetta.com                  Somerby Fun Line 678-987-7090</p>		<p><b>1</b></p>	<p><b>2</b></p>	<p><b>3</b></p>	<p><b>4</b></p>	<p><b>5</b></p>
<p><b>6</b></p>	<p><b>7</b></p>	<p><b>8</b></p>	<p><b>9</b></p>	<p><b>10</b></p>	<p><b>11</b></p>	<p><b>12</b></p>
<p><b>13</b></p>	<p><b>14</b></p>	<p><b>15</b></p>	<p><b>16</b></p>	<p><b>17</b></p>	<p><b>18</b></p>	<p><b>19</b></p>
<p><b>20</b></p>	<p><b>21</b></p>	<p><b>22</b></p>	<p><b>23</b></p>	<p><b>24</b></p>	<p><b>25</b></p>	<p><b>26</b></p>
<p><b>27</b></p>	<p><b>28</b></p>	<p><b>29</b></p>	<p><b>30</b></p>			

NATIONAL ASSISTED LIVING WEEK

**Morning Activities:**  
 Chair Aerobics w/ Cathy  
 News You Can Use  
 Kickball  
 Mini Manicures  
**Afternoon Activities:**  
 Balloon Parachute  
 Afternoon Snack  
 Name Five  
 Tuesday Drive w/ Charles  
 Sing - Along  
**Evening Activities:**  
 Poetry Reading  
 Thinking Cards

**Morning Activities:**  
 Chair Aerobics  
 News You Can Use  
 Who & Where  
 Putt - Putt Practice  
**Afternoon Activities:**  
 Jingo  
 Sensory Board Game  
 Reminiscence Topics  
 Afternoon Snack  
**Evening Activities:**  
 Chit Chat in the Lounge  
 Travel Video

**Morning Activities:**  
 Chair Aerobics w/ Cathy  
 News You Can Use  
 Kick Ball  
 Feel Bag  
**Afternoon Activities:**  
 Big Word/Little Word  
 Table Bowling  
 Music Therapy  
 Afternoon Snack  
**Musical Entertainment - 3rd Floor, AL w/ Mike Smith - Trumpet**  
**Evening Activities:**  
 Buried Treasure  
 Life Skills

**Morning Activities:**  
 Chair Aerobics  
 News You Can Use  
 Word Trivia  
 Arts & Crafts  
**Afternoon Activities:**  
 Balloon Toss & Kick Ball  
 Catholic Communion  
**Musical Entertainment w/ Judy Boehm - Accordion Music**  
 Walking Club  
 Afternoon Snack  
**Evening Activities:**  
 Thinking Cards  
 Reminiscence Topics

**Morning Activities:**  
 Exercise with Dinassa - 3rd Floor, AL  
 Morning Newspaper  
 Word Game  
 Simon Says  
 Bean Bag & Ball Toss  
**Afternoon Activities:**  
 Saturday Drive w/ Raymond  
 Bingo  
 Afternoon Snack  
**Evening Activities:**  
 Life Skills  
 Buried Treasure

**Morning Activities:**  
 Roswell UMC Church  
 Video  
 Morning Newspaper  
 Word Game  
**Afternoon Activities:**  
 Putt - Putt Practice  
 Jingo  
 Chit Chat on the Patio  
 Afternoon Snack  
**Evening Activities:**  
 Reminiscing  
 Name That Tune

**Morning Activities:**  
 Chair Aerobics  
 News You Can Use  
 Reminiscence Topics  
 Show & Tell  
**Afternoon Activities:**  
 Bingo  
 Ring Toss  
 Music Therapy  
 Afternoon Snack  
 Short Stories  
**Evening Activities:**  
 Buried Treasure  
 Life Skills

**Morning Activities:**  
 Chair Aerobics w/ Cathy  
 News You Can Use  
 Kickball  
 Mini Manicures  
**Afternoon Activities:**  
 Balloon Parachute  
 Afternoon Snack  
 Name Five  
 Tuesday Drive w/ Charles  
 Sing - Along  
**Evening Activities:**  
 Poetry Reading  
 Thinking Cards

**Morning Activities:**  
 Chair Aerobics  
 News You Can Use  
 Who & Where  
 Putt - Putt Practice  
**Afternoon Activities:**  
 Jingo  
 Sensory Board Game  
 Reminiscence Topics  
 Afternoon Snack  
**Evening Activities:**  
 Chit Chat in the Lounge  
 Travel Video

**Morning Activities:**  
 Chair Aerobics w/ Cathy  
 News You Can Use  
 Kick Ball  
 Feel Bag  
**Afternoon Activities:**  
 Big Word/Little Word  
 Table Bowling  
 Music Therapy  
 Afternoon Snack  
**Musical Entertainment - 3rd Floor, AL w/Crazy Marty - Guitar - Singer**  
**Evening Activities:**  
 Buried Treasure  
 Life Skills

**Morning Activities:**  
 Chair Aerobics  
 News You Can Use  
 Word Trivia  
 Arts & Crafts  
**Afternoon Activities:**  
 Balloon Toss & Kick Ball  
 Catholic Communion  
**Musical Entertainment w/ Debra Peterson Celtic Harp Music & Song**  
 Walking Club  
 Afternoon Snack  
**Evening Activities:**  
 Thinking Cards  
 Reminiscence Topics

**Morning Activities:**  
 Exercise with Dinassa - 3rd Floor, AL  
 Morning Newspaper  
 Word Game  
 Bean Bag & Ball Toss  
**Afternoon Activities:**  
 Saturday Drive w/ Raymond  
 Bingo  
 Afternoon Snack  
**Evening Activities:**  
 Movie Matinee  
 Life Skills  
 Buried Treasure

**Morning Activities:**  
 Roswell UMC Church  
 Video  
 Morning Newspaper  
 Word Game  
**Afternoon Activities:**  
 Putt - Putt Practice  
 Jingo  
 Church Service - 1st Floor AL  
 Afternoon Snack  
**Evening Activities:**  
 Reminiscing  
 Name That Tune

**Morning Activities:**  
 Chair Aerobics  
 News You Can Use  
 Reminiscence Topics  
 Show & Tell  
**Afternoon Activities:**  
 Bingo  
 Ring Toss  
 Music Therapy  
 Afternoon Snack  
 Short Stories  
**Evening Activities:**  
 Buried Treasure  
 Life Skills

**Morning Activities:**  
 Chair Aerobics w/ Cathy  
 News You Can Use  
 Kickball  
 Mini Manicures  
**Afternoon Activities:**  
 Balloon Parachute  
 Afternoon Snack  
 Name Five  
 Tuesday Drive w/ Charles  
 Sing - Along  
**Evening Activities:**  
 Poetry Reading  
 Thinking Cards

**Morning Activities:**  
 Chair Aerobics  
 News You Can Use  
 Who & Where  
 Putt - Putt Practice  
**Afternoon Activities:**  
 Jingo  
 Sensory Board Game  
 Reminiscence Topics  
 Afternoon Snack  
**Evening Activities:**  
 Chit Chat in the Lounge  
 Travel Video

**Morning Activities:**  
 Chair Aerobics w/Cathy  
 News You Can Use  
 Kick Ball  
 Feel Bag  
**Afternoon Activities:**  
 Big Word/Little Word  
 Table Bowling  
 Music Therapy  
 Afternoon Snack  
**Musical Entertainment - 3rd Floor, AL w/ Frank Geiger - Banjo Music**  
**Evening Activities:**  
 Buried Treasure  
 Life Skills  
 Bingo

**Morning Activities:**  
 Chair Aerobics  
 News You Can Use  
 Word Trivia  
 Arts & Crafts  
**Afternoon Activities:**  
 Balloon Toss & Kick Ball  
 Catholic Communion  
**Entertainment w /Little Ricky - Singer**  
 Walking Club  
 Afternoon Snack  
**Evening Activities:**  
 Thinking Cards  
 Reminiscence Topics

**Morning Activities:**  
 Exercise with Dinassa - 3rd Floor, AL  
 Morning Newspaper  
 Word Game  
 Simon Says  
 Bean Bag & Ball Toss  
**Afternoon Activities:**  
 Saturday Drive w/ Raymond  
 Bingo  
 Afternoon Snack  
**Evening Activities:**  
 Life Skills  
 Buried Treasure

**Morning Activities:**  
 Roswell UMC Church  
 Video  
 Morning Newspaper  
 Word Games  
**Afternoon Activities:**  
 Putt - Putt Practice  
 Jingo  
 Afternoon Snack  
**Evening Activities:**  
 Reminiscing  
 Name That Tune

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 Chair Aerobics  
 News You Can Use  
 Reminiscence Topics  
 Show & Tell  
**Afternoon Activities:**  
 Bingo  
 Ring Toss  
 Music Therapy  
 Afternoon Snack  
 Short Stories  
**Evening Activities:**  
 Buried Treasure  
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 Kickball  
 Mini Manicures  
**Afternoon Activities:**  
 Balloon Parachute  
 Afternoon Snack  
 Name Five  
 Tuesday Drive w/ Charles  
 Sing - Along  
**Evening Activities:**  
 Poetry Reading  
 Thinking Cards

**Morning Activities:**  
 Chair Aerobics  
 News You Can Use  
 Who & Where  
 Putt - Putt Practice  
**Afternoon Activities:**  
 Jingo  
 Sensory Board Game  
 Reminiscence Topics  
 Afternoon Snack  
**Evening Activities:**  
 Chit Chat in the Lounge  
 Travel Video

**Morning Activities:**  
 Chair Aerobics w/Cathy  
 News You Can Use  
 Kick Ball  
 Feel Bag  
**Afternoon Activities:**  
 Big Word/Little Word  
 Table Bowling  
 Music Therapy  
 Afternoon Snack  
**Musical Entertainment - 3rd Floor, AL w/ Judy Boehm - Aaccordion**  
**Evening Activities:**  
 Buried Treasure  
 Life Skills  
 Bingo

**Morning Activities:**  
 Chair Aerobics  
 News You Can Use  
 Word Trivia  
 Arts & Crafts  
**Afternoon Activities:**  
 Balloon Toss & Kick Ball  
 Catholic Communion  
**Entertainment w /Mike Smith - Trumpet**  
 Walking Club  
 Afternoon Snack  
**Evening Activities:**  
 Thinking Cards  
 Reminiscence Topics

**Morning Activities:**  
 Exercise with Dinassa - 3rd Floor, AL  
 Morning Newspaper  
 Word Game  
 Bean Bag & Ball Toss  
**Afternoon Activities:**  
 Saturday Drive w/ Raymond  
 Bingo  
 Afternoon Snack  
**Evening Activities:**  
 Movie Matinee  
 Life Skills  
 Buried Treasure

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 Roswell UMC Church  
 Video  
 Morning Newspaper  
 Word Games  
**Afternoon Activities:**  
 Putt - Putt Practice  
 Jingo  
 Church Service - 1st Floor AL  
 Afternoon Snack  
**Evening Activities:**  
 Reminiscing  
 Name That Tune

**Morning Activities:**  
 Chair Aerobics  
 News You Can Use  
 Reminiscence Topics  
 Show & Tell  
**Afternoon Activities:**  
 Bingo  
 Ring Toss  
 Music Therapy  
 Afternoon Snack  
**Somerby Singers Performance**  
 Short Stories  
**Evening Activities:**  
 Buried Treasure  
 Life Skills

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 News You Can Use  
 Kickball  
 Mini Manicures  
**Afternoon Activities:**  
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 Afternoon Snack  
 Tuesday Drive w/ Charles  
 Sing - Along  
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