

Somerset Lifestyles - September 2009 - Assisted Living

SUN	MON	TUE	WED	THU	FRI	SAT
<p>Somerby of Alpharetta 100 Somerby Drive Alpharetta, Ga. 30009 770-650-9577 www.somerbyofalpharetta.com Somerby Fun Line 678-987-7090</p>	<p style="text-align: center;"><i>Room Key for Independent Living</i></p> <p>A - Alpharetta Rm (2nd Floor) F.C. - Fitness Center L - Library P - Pool S - Somerby Room T - Theater (4th Floor) AS - Art Studio - P1</p>	<p>9:45 Morning Walk 10:15 Morning Exercise 10:45 News You Can Use 11:00 Checkers 11:30 Rummikub 12:00 Horse Shoes 2:15 Word Games 3:30 Bingo 4:30 Popsicles on the Patio 7:00 Travel Log</p> <p style="text-align: center; font-size: 2em;">1</p>	<p>9:45 Morning Walk 10:15 Morning Exercise 10:45 News You Can Use 11:00 Scripture Reading 12:00 Charades 2:30 Monthly Members Meeting 3:30 Gardening Memories 4:15 Name That Tune 7:15 Comedy and Magic w/ Dennis Aloia - A</p> <p style="text-align: center; font-size: 2em;">2</p>	<p>9:45 Morning Walk 10:15 Morning Exercise 10:45 News You Can Use 11:00 Word Games 12:00 Wii Bowling 2:30 Musical Entertainment with Trumpet Player Mike Smith 3:30 Outdoor Fitness Trail 4:00 Social Hour 7:15 Movie Night-T "Gran Torino"</p> <p style="text-align: center; font-size: 2em;">3</p>	<p>9:30 Morning Walk & Shuffleboard 10:15 Morning Exercise 10:45 News You Can Use 11:00 Manicures 12:00 Shuffleboard 1:30 Catholic Mass - A 2:30 Friday Outing (Wal-Mart) 3:30 Afternoon Walk with CNA's 4:00 Music and Tea on the Patio. 7:30 Friday Night Movie</p> <p style="text-align: center; font-size: 2em;">4</p>	<p>9:30 Morning Walk 10:15 Morning Exercise 11:00 News You Can Use 12:00 BINGO!! 2:30 Movie Matinee - T "O' Brother Where Art Thou" 2:30 Saturday Drive w/ Ray 7:00 Movie & Popcorn</p> <p style="text-align: center; font-size: 2em;">5</p>
<p>10:00 Roswell UMC Church Video 11:15 Rummikub 2:00 Word Games 3:00 Bingo 4:30 Movie Matinee - T "O' Brother Where Art Thou" 6:00 Bible Study/Vespers-A 7:00 Bunco</p> <p style="text-align: center; font-size: 2em;">6</p>	<p style="text-align: center; font-size: 2em;">7</p> <p style="text-align: center;">Administrative Holiday Labor Day</p> <p style="text-align: center;">Dining Hours will remain the same.</p>	<p>9:45 Morning Walk 10:15 Morning Exercise 10:45 News You Can Use 11:00 Checkers 11:30 Rummikub 12:00 Horse Shoes 2:15 Word Games 3:30 Bingo 4:30 Popsicles on the Patio 7:00 Travel Log</p> <p style="text-align: center; font-size: 2em;">8</p>	<p>9:45 Morning Walk 10:00 Mary Kay Facials - A.S. 10:15 Morning Exercise 10:45 News You Can Use 11:00 Scripture Reading 12:00 Charades 2:30 Poetry Reading 3:30 Favorite Recipes 4:00 Wine & Cheese Social w/ Somerby Managers - S 4:15 Name That Tune 7:15 Cell Phone Info Session w/ Stephanie Elder-A</p> <p style="text-align: center; font-size: 2em;">9</p>	<p>9:45 Morning Walk 10:15 Morning Exercise 10:45 News You Can Use 11:00 Word Games 12:00 Cooking Class: No Bake Key Lime Pie 2:30 Musical Entertainment w/ Singer Marty Berning 3:30 Outdoor Fitness Trail 4:00 Social Hour 6:00 Family Dinner and ABC's of Alzheimer's Disease 7:15 Movie Night-T "O' Brother Where Art Thou"</p> <p style="text-align: center; font-size: 2em;">10</p>	<p>9:30 Morning Walk & Shuffleboard 10:15 Morning Exercise 10:45 News You Can Use 11:00 Manicures 12:00 Shuffleboard 1:00 Jewish New Year Service - S 1:30 Catholic Mass-A 2:30 Friday Outing - Out to a Movie 3:30 Afternoon Walk 4:00 Music and Tea on the Patio. 7:30 Friday Night Movie</p> <p style="text-align: center; font-size: 2em;">11</p>	<p>9:30-11:00am Grandparents Breakfast Day-D.R. 9:30 Morning Walk 10:15 Morning Exercise 11:00 News You Can Use 12:00 BINGO!! 2:30 Movie Matinee - T "Doubt" 2:30 Saturday Drive w/ Ray 7:00 Movie & Popcorn</p> <p style="text-align: center; font-size: 2em;">12</p>
<p>10:00 Roswell UMC Church Video 11:15 Rummikub 2:00 Word Games 2:30 Church Service 3:00 Bingo 4:30 Movie Matinee - T "Doubt" 6:00 Bible Study/Vespers - A 7:00 Bunco</p> <p style="text-align: center; font-size: 2em;">13</p>	<p>9:45 Morning Walk 10:15 Morning Exercise 10:45 News You Can Use 11:00 Manicures 12:00 Word games 2:30 Bowling 3:00 Keyboard & Song w/ Jim Pearce 4:15 Checkers 7:15 Bingo-A</p> <p style="text-align: center; font-size: 2em;">14</p>	<p>9:45 Morning Walk 10:15 Morning Exercise 10:45 News You Can Use 11:00 Checkers 11:30 Rummikub 12:00 Horse Shoes 2:15 Bingo 3:30 Ice Cream Social Hour 4:00 Who's that Baby Contest of Somerby Staff 7:00 Travel Log - Hawaii</p> <p style="text-align: center; font-size: 2em;">15</p>	<p>9:45 Morning Walk 10:15 Morning Exercise 10:45 News You Can Use 11:00 Scripture Reading 12:00 Charades 4:15 Name That Tune 5:00 Hawaiian Cocktail Hour - S 6:00 Hula Dance Program - S</p> <p style="text-align: center; font-size: 2em;">16</p>	<p>9:45 Morning Walk 10:15 Morning Exercise 10:45 News You Can Use 11:00 Word Games 12:00 Wii Bowling 1:00 Pizza Party 2:30 Musical Entertainment w/ Banjo Player Frank Geiger 2:30 Kitchen Tour - D.R. 3:30 Outdoor Fitness Trail 4:00 Social Hour 7:15 Movie Night-T "Doubt"</p> <p style="text-align: center; font-size: 2em;">17</p>	<p>9:30 Morning Walk & Shuffleboard 10:15 Morning Exercise 10:45 News You Can Use 11:00 Manicures 12:00 Shuffleboard 1:30 Catholic Mass - A 2:00 Monthly Birthday Party w/ Jewelry Sale 2:30 Friday Outing (Shopping at Belk's) 3:30 Afternoon Walk 4:00 Music and Tea on the Patio. 7:30 Friday Night Movie</p> <p style="text-align: center; font-size: 2em;">18</p>	<p>9:30 Morning Walk 10:15 Morning Exercise 11:00 News You Can Use 12:00 BINGO!! 2:30 Movie Matinee - T "Confessions of a Shopaholic" 2:30 Saturday Drive w/ Ray 3:45 Ice Cream Social 7:00 Movie & Popcorn</p> <p style="text-align: center; font-size: 2em;">19</p>
<p>10:00 Roswell UMC Church Video 11:15 Rummikub 2:00 Word Games 3:00 Bingo 4:30 Movie Matinee - T "Confessions of a Shopaholic" 6:00 Bible Study/Vespers - A 7:00 Bunco</p> <p style="text-align: center; font-size: 2em;">20</p>	<p>9:45 Morning Walk 10:15 Morning Exercise 10:45 News You Can Use 11:00 Manicures 12:00 Word games 2:30 Bowling 3:00 Trivial Pursuit 3:45 Checkers 7:15 Bingo-A</p> <p style="text-align: center; font-size: 2em;">21</p>	<p>9:45 Morning Walk 10:15 Morning Exercise 10:45 News You Can Use 11:00 Checkers 11:30 Rummikub 12:00 Horse Shoes 2:15 Word Games 3:30 Bingo 4:30 Popsicles on the Patio 7:00 Travel Log</p> <p style="text-align: center; font-size: 2em;">22</p>	<p>9:45 Morning Walk 10:15 Morning Exercise 10:45 News You Can Use 11:00 Scripture Reading 12:00 Charades 2:30 Poetry Reading 3:30 Gardening Memories 4:15 Name That Tune 7:15 Flashback w/ Stacy & Gina Cooper - A</p> <p style="text-align: center; font-size: 2em;">23</p>	<p>9:45 Morning Walk 10:15 Morning Exercise 10:45 News You Can Use 11:00 Word Games 12:00 Cooking Class: Grandma's No Bake Cookies 2:30 Musical Entertainment w/ Accordion Player Judy Boehm 3:30 Outdoor Fitness Trail 4:00 Social Hour 7:15 Movie Night-T "Confessions of a Shopaholic"</p> <p style="text-align: center; font-size: 2em;">24</p>	<p>9:30 Morning Walk & Shuffleboard 10:15 Morning Exercise 10:45 News You Can Use 11:00 Manicures 12:00 Shuffleboard 1:30 Catholic Mass - A 2:00 Friday Outing (Lunch at Anna Lee's & Shopping at the Antique Market) 3:30 Afternoon Walk 4:00 Music and Tea on the Patio. 7:30 Friday Night Movie</p> <p style="text-align: center; font-size: 2em;">25</p>	<p>9:30 Morning Walk 10:15 Morning Exercise 11:00 News You Can Use 12:00 BINGO!! 2:30 Movie Matinee - T "Space Cowboys" 2:30 Saturday Drive w/ Ray 7:00 Movie & Popcorn</p> <p style="text-align: center; font-size: 2em;">26</p>
<p>10:00 Roswell UMC Church Video 11:15 Rummikub 2:00 Word Games 2:30 Church Service 3:00 Bingo 4:00 O.K. Chorale Chorus from Alpharetta First UMC - A 4:30 Movie Matinee - T "Space Cowboys" 6:00 Bible Study/Vespers - A 7:00 Bunco</p> <p style="text-align: center; font-size: 2em;">27</p>	<p>9:45 Morning Walk 10:15 Morning Exercise 10:45 News You Can Use 11:00 Manicures 12:00 Word games 2:30 Bowling 3:00 Trivial Pursuit 3:45 Checkers 4:00 Somerby Singers 4th Floor - MC 7:15 Bingo-A</p> <p style="text-align: center; font-size: 2em;">28</p>	<p>9:45 Morning Walk 10:15 Morning Exercise 10:45 News You Can Use 11:00 Checkers 11:30 Rummikub 12:00 Horse Shoes 2:15 Word Games 3:30 Bingo 4:30 Popsicles on the Patio 7:00 Travel Log</p> <p style="text-align: center; font-size: 2em;">29</p>	<p>9:45 Morning Walk 10:15 Morning Exercise 10:45 News You Can Use 11:00 Scripture Reading 12:00 Charades 2:30 Book Review w/ Breanna At Home In Mitford 3:30 Favorite Recipes 4:15 Name That Tune 7:15 Ball Room Dance Lessons - A</p> <p style="text-align: center; font-size: 2em;">30</p>	<p style="font-size: 1.5em; color: red;">National Assisted Living Week September 13th - 19th Come Celebrate with Us!</p>		